

# Carlton Trail College.

Fall 2023/Winter 2024

## VIEWBOOK

**NEW PROGRAMS,  
EARLY APPLICATION SCHOLARSHIPS,  
50TH ANNIVERSARY INFORMATION  
AND MORE!**





Preparation and Training for In-Demand Jobs



95% of Our Post-Secondary Grads Find Employment in Their Field



Sask Polytechnic and Lakeland College Certificate and Diploma Programs



Practicums and Work Experience



Education Close to Home



Exceptional Instruction



Small Class Sizes



Inclusive and Supportive Environment



Student-Centered



And Many More Reasons!

# Why Carlton Trail College?

Inside this Viewbook, you'll discover programs and courses to help you achieve your education, training and career goals.

Whether you want to ...

- train for a career in
  - agriculture,
  - business,
  - healthcare,
  - human services,
  - industry, or
  - the trades,
- upgrade your education,
- learn English,
- develop work-related skills, or
- learn something new,

... there are so many reasons to choose Carlton Trail College.



**1.800.667.2623**  
**CarltonTrailCollege.com**



# 50 Years of Changing Lives Through Learning

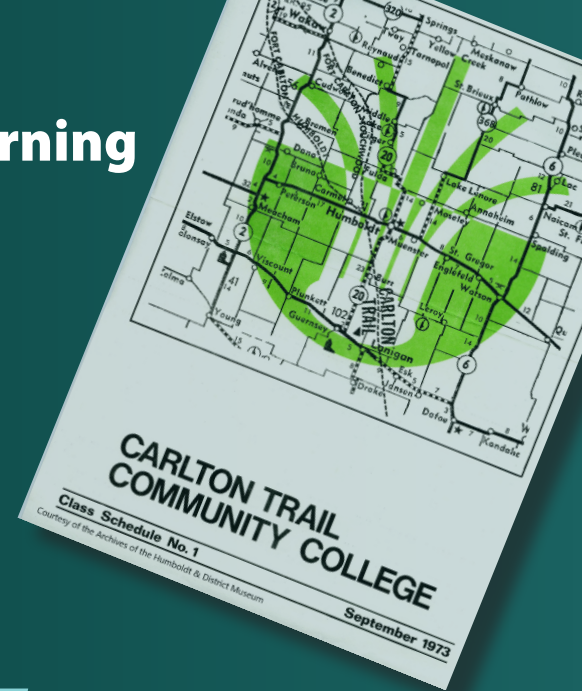
Carlton Trail College has served the needs of students in Saskatchewan's east-central region since 1973.

Today, our learning region provides over 100 communities access to Post-Secondary Education, Trades Training, Adult Basic Education and Essential Skills Programs, English Language Training, Continuing Education and Workforce Development opportunities!

And, just as the original Carlton Trail Route carried important items, messages and people across the prairies, we carry the commitment to empower our learners with the skills and knowledge needed to face an ever-changing world.

During our 2023 - 2024 academic year, we can't wait to celebrate our 50th Anniversary! Follow our social media channels for more information, engagement opportunities and special event announcements.

With 50 years of service behind us, we eagerly look forward to the next 50 years!



# Early Childhood Education

Sask Polytechnic Programs and Courses

**FREE TUITION  
FOR ECE CERTIFICATE OF  
ACHIEVEMENT STUDENTS!  
HIGH SCHOOL STUDENTS  
CAN EARN DUAL CREDITS!**

**Discover how to** support children as they learn through play. You'll also learn about child development, child guidance, and how to create quality programming and learning environments.

**When you graduate,** you'll be prepared to pursue employment opportunities in a childcare centre, preschool, family day home or elementary school setting.

**Early Childhood Education (ECE) Courses** are offered at 3 levels.

**The ECE Certificate of Achievement** (Level 1) consists of 3 courses that will qualify you to apply for Level 1 Certification from the Ministry of Education (the minimum required to work 65 hours or more per month in a childcare centre.)

**You'll need** Grade 12 with English Language Arts A30 and B30. Prerequisites may be required for some courses.

**You'll be required** to provide evidence of a Criminal Record Check prior to entering practicum placements.

**HUMBOLDT: (Level 1) Starts September 2023 (part-time)\***

**HUMBOLDT: (Level 2) Starts September 2023 (part-time)**

**WATROUS: (Level 1) Starts September 2023\*(part-time)\***

**WATROUS: (Level 3) Starts September 2023 (part-time)**

**WYNYARD: (Level 1) Starts September 2023 (part-time)\***

**WYNYARD: (Level 2) Start September 2023 (part-time)**

**2024-2025 Programs: TBA**

*\*Level 1: FREE Tuition AND High School Students Earn Dual Credits*



## Did You Know?

Saskatchewan's community colleges were the forerunners of today's regional college system. Humboldt and area led the development of this system in the early 1970's, bringing university, technical and general interest training to the region over 50 years ago!

**Your first step** to a career in business, government, healthcare, or another sector starts with the Office Administration Certificate.

**Get training** on the most up-to-date aspects of office administration. Learn about keyboarding, writing, basic accounting, reception, communication, records management, scheduling, and more. Plus, you'll develop your computer skills in word processing, spreadsheets, databases, presentations, and automated accounting. Practice in class, then develop your skills further during the work experience component.

**When you graduate**, you'll be prepared to enter the workforce as a receptionist, administrative assistant, customer service representative, bookkeeper or other position which requires office administration skills.

**This program** is approximately 32 weeks long.

**You'll need** Grade 12 & English Language Requirement.

**HUMBOLDT: Starts September 2023**

**HUMBOLDT: Starts September 2024\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

# Office Administration

## Sask Polytechnic Certificate



**YOUR FIRST STEP  
TO A  
REWARDING CAREER!**



**SASKATCHEWAN  
NEEDS  
HEALTHCARE  
WORKERS!**

# Continuing Care Assistant

## Sask Polytechnic Certificate

**Continuing Care Assistants (CCAs)** are one of the top 5 occupations in Saskatchewan. According to the Ministry of Immigration and Career Training (February 2023), there were 668 vacancies in the CTC region and 4,470 in the province.

**Learn how** to support clients who depend on you. Topics covered include gerontology, dementia management, administering personal care, medication monitoring, and more. You'll also receive Standard First Aid / CPR C / AED training or equivalent, WHMIS training, and participate in a clinical work experience.

**When you graduate**, you'll be prepared to pursue one of the hundreds of employment opportunities available for CCA's in long-term care, private-care, homecare, and other healthcare settings.

**This program** is approximately 32 weeks long.

**You'll need** Grade 12 and/or successful completion of 15 post-secondary credits from a recognized institution & English Language Requirement. You'll also be required to provide evidence of a Criminal Record Check, a Vulnerable Sector Search and immunization records to meet program requirements.

**HUMBOLDT: Starts September 2023 AND September 2024\***

**PUNNICHY: Starts September 2023**

**WAKAW: Starts September 2023**

**WYNYARD: Starts September 2023 AND September 2024\***

**OTHER LOCATION TBD: Starts September 2024\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

# Practical Nursing

## Sask Polytechnic Diploma

**Practical Nurses** are in high demand! If you want to help people and have a career with many opportunities, consider becoming a Practical Nurse!

**Study** anatomy, physiology, the foundations of health, pharmacology, health assessment, long-term, rehabilitative, medical and surgical care, obstetrics, pediatrics, mental health, addictions and more. Standard First Aid/CPR Healthcare Provider 'C' AED, TLR and WHMIS along with clinical practice and practicums are included.

**When you graduate**, you'll be eligible to write the Canadian Practical Nursing Registration Exam and be able to pursue one of the numerous opportunities available in acute-care, rehab-care, long-term care, homecare and medical centres.

**This program** is approximately 76 weeks long, offered over two years.

**You'll need** Grade 12 with a min. avg. of 65% in ELA A30, ELA B30, FDN MATH 30 or PRE CALC 30 or W&A MATH 30; one of BIO 30, CHEM 30 or PHYS 30; and one of SOC STU 30, HIS 30 or NS 30 & English Language Requirement (specific to Practical Nursing).

**You'll be required** to provide evidence of a Criminal Record Check, a Vulnerable Sector Search, N95 respirator mask testing and immunization records to meet program requirements.

**WATROUS: Next Intake - March 2025\***  
**Deadline to Apply - April 30, 2024**

*\*Apply before April 30, 2024 and be entered to win a \$1,000 Scholarship!*

# Primary Care Paramedic

## Sask Polytechnic Certificate

**Train** for an exciting career in delivering pre-hospital emergency care.

**Learn how** to perform physical assessments, recognize and manage medical and mental health issues, trauma injuries, obstetrical, cardiac and respiratory emergencies, and more. Plus, you'll learn how to administer IV and medications. CPR Heart Saver 'C' AED/ Standard First Aid, TLR and WHMIS training are included.

**When you graduate**, you'll be eligible to write the licensing exam for registration with the Saskatchewan College of Paramedics and pursue employment opportunities at ambulance, air ambulance and fire protection services or at mining, manufacturing, milling or processing sites around the province.

**This program** is approximately 51 weeks long.

**You'll need** Grade 12 with a min. avg. of 60% in ELA A30, ELA B30, one of BIO 30 or CHEM 30, and one of W&A MATH 30 or FDN MATH 30 or PRE CALC 30 & English Language Requirement (program specific).

**You'll be required** to provide evidence of a Criminal Record Check, a Vulnerable Sector Search, N95 respirator mask testing and immunization records to meet program requirements.

**You must** exhibit physical strength and fitness consistent with the requirements of professional practice.

**HUMBOLDT: Starts May 2024 (full-time)**

**HUMBOLDT: Starts May 2025 (part-time)\***

*\*Apply before May 15, 2024, and be entered to win a \$1,000 Scholarship*

# Security Officer

Sask Polytechnic Applied Certificate



**YOU MAY BE  
ELIGIBLE FOR  
FUNDING!**

**If you have good people skills**, integrity, professionalism, and a desire for a rewarding career protecting people, property, and other assets, then consider becoming a security officer.

**Gain practical knowledge** and develop skills in crime prevention, control tactics, interpersonal communication, conflict resolution and mental health first aid. Learn about professionalism, personal wellness, security officer legislation, procedures, protocols, reporting and more.

**Within the program**, you'll write the licensing exam that is required by the Ministry of Justice to allow you to work as a security officer.

**You'll then be prepared** to pursue a variety of employment opportunities as a security officer at mine sites, industrial plants, entertainment venues, health care facilities, casinos, shopping malls and more.

**This program** is approximately 12 weeks long.

**You'll need** Grade 10, English Language Requirement and a satisfactory Criminal Record Check.

**Funding** may be available.

**PUNNICHY: Starts February 2024**

**PUNNICHY: Starts February 2025**



# Agriculture Sciences

## Lakeland College Certificate

**Take the first step towards a career in agriculture.** This certificate program focuses on crop production and allows you to master skills essential for modern agricultural operations.

**Topics include** Plant Science and Field Crops, Soil Science, Tillage and Direct Seeding Systems, and Weed and Herbicide Management. Plus, you'll learn about Computer Applications, Business Records and Reporting, Grain Marketing, and more. This program includes face-to-face, virtual, and hands-on learning.

**Upon completion,** you'll have the opportunity to transfer into year two of Lakeland's Crop Technology Diploma program, offered in Vermilion or enter the workforce in the retail agriculture sector or a farming operation.

**This program** is approximately 7 months long.

**You'll need** Grade 12 with a minimum of 50% in ELA A30 & ELA B30, FND MATH 20 or PRE-CAL 20, one 20 level core Science & English Language Requirement.

**HUMBOLDT: Starts October 2023**

**HUMBOLDT: Starts October 2024\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

**THIS PROGRAM  
FOCUSES ON  
CROP PRODUCTION!**

# Carpentry

Sask Polytechnic Applied Certificate



**NEW!  
CARPENTRY  
STARTS  
JANUARY 2025!**

**Do you like working** with your hands and building things?

**The Carpentry Applied Certificate program** will teach you the basics of carpentry and help you develop your skills for a career in the construction industry. You'll cover topics such as site layout, construction documents, building materials, foundations, framing, trusses and more. You'll also develop additional skills in the work experience component.

**When you graduate**, you'll be prepared for a variety of entry-level employment opportunities with residential or industrial construction companies.

**Trade time** and academic credit may be available to graduates who find employment in the trade and register as apprentices.

**The program** is approximately 19 weeks long.

**You'll need** Grade 10 & English Language Requirement.

**HUMBOLDT: Starts January 2025\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

# Electrician

## Sask Polytechnic Applied Certificate

**Are you looking** for a career in the trades? Have you thought about becoming an Electrician? The Electrician Applied Certificate Program is a great place to start.

**Learn how** to install, test, replace and repair lighting fixtures, wiring and electrical equipment, and how to read and interpret construction drawings. Plus, you'll get plenty of hands-on practice using standard tools of the trade.

**When you graduate**, you'll be prepared for an entry-level job as an apprentice in the trade.

**Trade time and academic credit** may be available for graduates who find employment in the trade and register as apprentices.

**This program** is approximately 17 weeks long.

**You'll need** Grade 11 with FDN MATH 20 or W&A MATH 20 or PRE CALC 20 & English Language Requirement

**HUMBOLDT: Starts October 2023**

**HUMBOLDT: Starts October 2024\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*



**TRAIN FOR AN  
IN-DEMAND CAREER  
AS AN  
ELECTRICIAN!**

# Industrial Mechanics

Sask Polytechnic Applied Certificate

**HIGH DEMAND  
CAREER  
FOR THE  
MINING INDUSTRY!**

**If you like working with machinery**, enjoy solving mechanical problems, and are good with your hands, consider a career as an Industrial Mechanic.

**Industrial mechanics** (also known as maintenance mechanics, millwrights, or machine repairmen) install, repair, overhaul, and maintain stationary industrial machinery and mechanical equipment.

**Learn about** drafting and blueprint reading, tool use, basic welding, fabrication and installation, pumps, mechanical components, preventative maintenance, safety and more.

**When you graduate**, you'll be prepared to work on machines in a wide variety of commercial or industrial operations such as mines, mills, refineries, power generating plants, and wood, cereal, or meat processing plants.

**Trade time and academic credit** may be available for graduates who find employment in the trade and register as apprentices.

**This program** is approximately 16 weeks long.

**You'll need** Grade 12 with FDN MATH 20 or W&A MATH 20 or PRE CALC 20 & English Language Requirement.

**HUMBOLDT: Starts February 2024**

**HUMBOLDT: Starts February 2025\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*



# Plumbing and Pipefitting

Sask Polytechnic Applied Certificate

**If you love working with your hands**, the Plumbing and Pipefitting Applied Certificate Program can help launch you into a career in the trades.

**Plumbers** install, replace and maintain water and sewage systems in residential, commercial and industrial buildings. Many are also licensed gas fitters.

**This program** provides entry-level practical knowledge and skill development in plumbing installation, water supplies, waste systems, and plumbing fixtures.

**You'll need** Grade 11 and need to meet the English Language Requirement.

**When you graduate**, you'll be prepared for a variety of entry-level employment opportunities with plumbing contractors and construction companies, as well as with maintenance departments in power, mining or manufacturing companies.

**Trade time and academic credit** may be available to graduates who find employment in the trade and register as apprentices.

**The program** is approximately 17 weeks long.

**HUMBOLDT: Starts February 2025\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

**TRAIN FOR A  
REWARDING CAREER  
AS A  
PLUMBER!**

# Welding

## Sask Polytechnic Applied Certificate

**THIS REGION  
NEEDS  
WELDERS!**

**Gain the knowledge and skills** you need to weld. You'll get hands-on instruction in general shop practice and shop safety, plus learn about oxy/acetylene fusion welding, cutting processes, gas metal arc welding (MIG), and shielded metal arch (stick) welding. You'll also develop additional skills in the work experience component.

**When you graduate**, you'll be prepared for an entry-level job in a variety of industries.

**Trade time and academic credit** may be available for graduates who find employment in the trade and register as apprentices.

**This program** is approximately 20 weeks long.

**You'll need** Grade 10 & English Language Requirement.

**HUMBOLDT: Starts September 2023**

**HUMBOLDT: Starts September 2024\***

*\*Apply before May 15, 2024 and be entered to win a \$1,000 Scholarship!*

## Journeyperson Welding Journeyperson Upgrader Program

**Prepare** for your written and practical Journeyperson Welding Exams. Saskatchewan Apprenticeship Exams are included in the course dates. When you complete this program, you'll be prepared for your Journeyperson Welding Exams.

**This part-time program** is 18 weeks long.

**You must have** at least 4 1/2 years and 8,100 hours (including 900 MIG and 900 Stick, minimum) welding experience.

**HUMBOLDT: Starts November 2023**

*(Classes run Wednesday evenings & Saturdays.)*

**This program** includes theory, safety tickets, and hands-on training on real equipment at a job site just outside of Prince Albert. You'll train on two pieces of equipment which may include the crawler tractor, excavator, front-end loader or motor grader. You'll also earn safety tickets such as First Aid/CPR 'C' and Ground Disturbance II.

**When you complete this program**, you'll be prepared to operate heavy equipment in the construction, pipeline, or mining industry.

**This program** is approximately 5 weeks long.

**You must be** 17 years of age or older and hold a valid Class 5 Driver's Licence.

**Funding** may be available. Call 1.800.667.2623 for details.

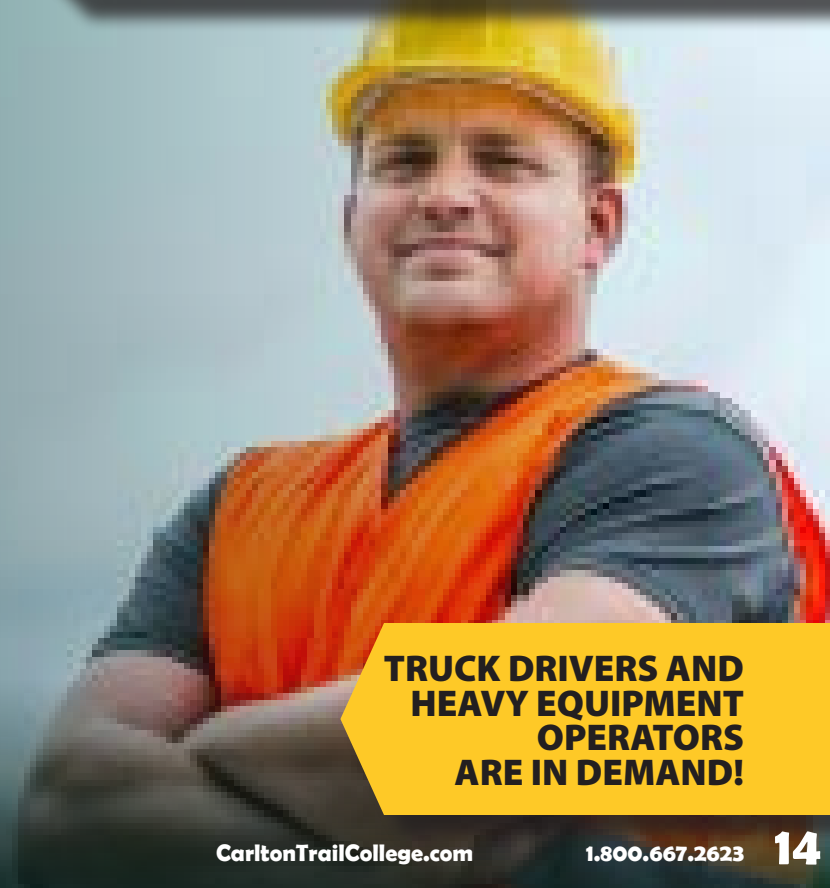
**HUMBOLDT: April 24 - May 24, 2024**

**HUMBOLDT: June 5 - July 5, 2024**

**HUMBOLDT: August 28 - September 27, 2024**

# Heavy Equipment Operator

## Industry Training Program



## Truck Driver Training - 1A

### Mandatory Entry-Level Training (M.E.L.T.)

**This program** prepares you to attempt the Class 1 Road Test and includes 121.5 hours of classroom, yard, and on-the-road instruction. You'll learn professional driving habits, air brakes, and more.

**This program** is approximately 4 weeks long.

**You must be** 18 years of age or older, medically fit and have a Valid Driver's Licence and a 1A Learner's Permit.

**Funding** may be available.

**HUMBOLDT: Call 1.800.667.2623 for available dates.**

**TRUCK DRIVERS AND  
HEAVY EQUIPMENT  
OPERATORS  
ARE IN DEMAND!**

# Adult Basic Education (ABE)

Adult 10 & Adult 12



**Complete your Grade 12** or upgrade your marks in an adult-focused learning environment. The following credits are needed for a Grade 12 standing: ELA A30, ELA B30, one 20 or 30 level Math, one 20 or 30 level Science, one 30 level Canadian Studies and two electives at the 30 level.

**These programs** run on the block system and accept applications throughout the year for the next block. You must be 18 or older, out of school for one year, and live within the Carlton Trail College region. You may qualify for a training allowance.

Campus	Level	Intake
HUMBOLDT	Adult 12	Ongoing
PUNNICHY	Adult 12 & 10	Ongoing
WADENA	Adult 12	Ongoing
WAKAW	Adult 12	Ongoing
ONLINE	Adult 12	Ongoing



## GED®

### Computer-Based Testing

**Attain the equivalent of a Grade 12** standing, by successfully completing the GED® Tests. Study guides are available.

Campus	Dates
HUMBOLDT	September 12, 13 & 14, 2023
HUMBOLDT	September 25 & 26, 2023
HUMBOLDT	October 11, 12 & 13, 2023
HUMBOLDT	October 23, 24 & 25, 2023
HUMBOLDT	November 6, 7 & 8, 2023
HUMBOLDT	November 22, 23 & 24, 2023
HUMBOLDT	December 5, 6 & 7, 2023

Register at  
[www.GED.com](http://www.GED.com)





Learn to speak, read, write, and understand English with a qualified instructor.

This training is FREE for people 18+ who are

- Permanent Residents,
- Temporary Workers, or
- Recent Canadian Citizens

Classes are offered online and in person at many locations in east-central Saskatchewan. Call us and we can help find a class that is nearest to you!

You can choose from the following options:

- **LINC Classes** (Language Instruction for Newcomers to Canada)  
Develop listening, speaking, reading and writing skills. LINC certificates are available.
- **Conversation Circles**  
Develop listening and speaking skills for everyday activities.
- **Tutoring**  
Direct language support for individuals and groups of up to three people.
- **English for the Workplace**  
Develop language skills for employment.

**VARIOUS LOCATIONS: Ongoing Intake throughout the year.**

**EMPLOYERS: Ask us about FREE Customized English Training for your employees**



Funded by / Financé par:



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada



# English Language Training

**FREE English Classes**



# Computers & Technology



## Computer Basics

### Intro to Computers

HUMBOLDT: October 14, 21, 28, & November 4, 2023; 9 am - 1 pm

Price: \$249

## Software Training

### MS Excel

HUMBOLDT: November 18, 25, December 2, & 9, 2023; 9 am - 12 pm

HUMBOLDT: February 24, March 2, 9, & 16, 2024; 9 am - 12 pm

Price: \$269

## QuickBooks

HUMBOLDT: October 23, 25, 30, November 1, & 6, 2023; 6 - 9 pm

Price: \$349

## Attention Employers!

We can customize programs to meet your needs. Whether you want your employees to learn new skills or refresh old ones, we partner with you to deliver the best in education, training and professional development.

Quotes are FREE! Funding may be available!

Call us for details!

**HUMBOLDT**  
306.682.2623

**PUNNICHY**  
306.835.4000

**WATROUS**  
306.946.2094

**WYNYARD**  
306.554.3767



**Register Today. You May Save a Life!**

## First Aid, Health & Safety

### First Aid

#### Red Cross First Aid/CPR C/AED - Blended Learning

WATROUS: September 16, 2023; 9 am - 5 pm

HUMBOLDT: September 23, 2023; 9 am - 5 pm

WYNYARD: October 21, 2023; 9 am - 5 pm

HUMBOLDT: October 28, 2023; 9 am - 5 pm

WATROUS: November 25, 2023; 9 am - 5 pm

HUMBOLDT: December 16, 2023; 9 am - 5 pm

Price: \$179

#### Red Cross First Aid/CPR C/AED - Recertification

WATROUS: September 16, 2023; 9 am - 5 pm

HUMBOLDT: September 23, 2023; 9 am - 5 pm

WYNYARD: October 21, 2023; 9 am - 5 pm

HUMBOLDT: October 28, 2023; 9 am - 5 pm

WATROUS: November 25, 2023; 9 am - 5 pm

HUMBOLDT: December 16, 2023; 9 am - 5 pm

Price: \$149

### Recreational Safety

#### Canadian Non-Restricted Firearms Safety Course (CFSC) & Hunter Education

WATROUS: September 8 (6 - 9 pm), September 9 & 10, 2023 (9 am - 6 pm)

WATROUS: February 23 (6 - 9 pm), February 24 & 25, 2024; (9 am - 6 pm)

Price: \$185

### Personal Safety

#### Red Cross - Stay Safe!

WYNYARD: September 23, 2023; 9 am - 1:30 pm

HUMBOLDT: October 22, 2023; 9 am - 1:30 pm

WATROUS: January 27, 2024; 9 am - 1:30 pm

Price: \$55

#### Red Cross Babysitting Course

WYNYARD: September 24, 2023; 9 am - 5 pm

HUMBOLDT: December 9, 2023; 9 am - 5 pm

Price: \$80

#### Red Cross Babysitting Course - WATROUS

WATROUS: October 22, 2023; 9 am - 5 pm

Price: \$40 *(The regular price of this course is \$80. The Watrous Kinette Club is sponsoring half of the registration price; therefore, you pay only \$40.)*

#### Canadian Restricted Firearms Safety Course (CRFSC)

WATROUS: October 14, 2023; 9 am - 6 pm

Price: \$145

# Industry Safety



## Did You Know?

In 1973, the Saskatchewan Government passed the Community College Act. Humboldt was selected as one of the first four locations in the province to establish a college. Today, we serve over 100 communities across east-central Saskatchewan!

## Industry Safety

### Foodsafe

HUMBOLDT: September 23, 2023; 9 am - 5 pm

WATROUS: November 18, 2023; 9 am - 5 pm

HUMBOLDT: December 2, 2023; 9 am - 5 pm

Price: \$129

### Global Ground Disturbance

HUMBOLDT: September 1, 2023; 9 am - 5 pm

HUMBOLDT: April 26, 2024; 9 am - 5 pm

Price: \$299

### H2S Awareness Training

ONLINE: This course is offered on an on-demand basis.

Price: \$55

### Safety Construction Orientation Training (SCOT®)

ONLINE: This course is offered on an on-demand basis.

Price: \$99

### Stantec® Green Defensive Driving (GDD)

ONLINE: This course is offered on an on-demand basis.

Price: \$129

### Transportation of Dangerous Goods (TDG)

ONLINE: This course is offered on an on-demand basis.

Price: \$59

### Workplace Hazardous Materials Information System (WHMIS)

ONLINE: This course is offered on an on-demand basis.

Price: \$59

# Industry Training

## Agriculture

### Grain Marketing - Introduction

HUMBOLDT: February 6 & 7, 2024; 9 am - 4 pm

Price: \$849

## Manufacturing (Welding)

### Introduction to the Machinist Trade

HUMBOLDT: October 14, 2023; 10 am - 12 pm

Price: FREE (*Pre-registration is required.*)

### Welding - General Welding

HUMBOLDT: March 23, 30, April 6, 13, & 20, 2024; 8:30 am - 5 pm

Price: \$899

### Welding - Pressure Pipe Welding

HUMBOLDT: March 9, 10, 16, & 17, 2024; 8 am - 5 pm

Price: \$999

## Mining

### Mining Essentials

ONE ARROW FIRST NATION: August 29 - December 22, 2023

PUNNICHY: August 29 - December 22, 2023

WADENA: January 8 - May 17, 2024

Price: *This program is FREE for participants, plus, you may be eligible for additional FUNDING.*

## Technical (Power Engineering)

### Power Engineering - Fireman Level

HUMBOLDT: November 4, 5, 18, & 19, 2023; 8:30 am - 5:30 pm

Price: \$1,199

### Power Engineering - 5th Class

HUMBOLDT: December 2, 3, 16, & 17, 2023; 8:30 am - 5:30 pm

Price: \$1,199

# Continuing Education

## Culinary Arts

### Christmas Dinner in Three Hours

WATROUS: December 9, 2023; 1 - 4 pm  
Price: \$69

### Gluten-Free Cooking

HUMBOLDT: September 30, 2023; 1 - 4 pm  
Price: \$69

### The Sushi Experience

HUMBOLDT: November 25, 2023; 1 - 4 pm  
Price: \$79

### Vegan Cooking

HUMBOLDT: February 10, 2024; 1 - 4 pm  
Price: \$69

## Do-It-Yourself

### Small Engine Repair

HUMBOLDT: November 4 & 5, 2023; 9 am - 5 pm  
Price: \$249

## Financial Matters

### Estate & Retirement Planning

HUMBOLDT: November 1, 2023; 6:30 - 7:30 pm  
Price: *This session is FREE and is sponsored by RBC.*

### Frauds & Scams - How to Protect Yourself

HUMBOLDT: February 7, 2024; 6:30 - 7:30 pm  
Price: *This session is FREE and is sponsored by RBC.*

### Manage Your Investments

HUMBOLDT: January 24, 2024; 6:30 - 7:30 pm  
Price: *This session is FREE and is sponsored by RBC.*

### Wills, Power of Attorney, Executor & Estate Planning

HUMBOLDT: November 29, 2023; 6:30 - 7:30 pm  
Price: *This session is FREE and is sponsored by RBC*

## Creative Pursuits

### Woodturning - Make a Wooden Bowl

HUMBOLDT: November 8, 2023; 6 - 9 pm  
HUMBOLDT: February 7, 2024; 6 - 9 pm  
Price: \$89

### Woodturning - You & Your Chisels

HUMBOLDT: November 29, 2023; 6 - 9 pm  
HUMBOLDT: February 28, 2024; 6 - 9 pm  
Price: \$89

## Personal Interest

### Reflexology Basics

HUMBOLDT: December 2, 2023; 1 - 4 pm  
Price: \$149

### Social Dance (Dancing) Classes

HUMBOLDT: November 12, 19, 26, & December 3, 2023; 7 - 8:30 pm  
Price: \$75

**NEW!**

**NEW!**

# Micro-Credentials

## Mental Performance Skills Training

Join instructor, Brent Loehr, as he shares information you can use to achieve success. Built from certifications in sport psychology, mental performance coaching and countless hours of research, this training will benefit young and old, athletes and performers, and anyone who wishes for improvement in sports, school, work, and life.

Learn how to enhance mental toughness, build self-confidence, control emotions, improve concentration, and think positive. Discover how you can use visualization, music, routines and habits to achieve your goals. This training is open to adults and teens and can be set up for individuals or teams.

LOCATIONS TBD: Call 1.800.667.2623 for information.



## Did You Know?

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